

Taking your Bike on the Train

Carrying an bike on a train

There are new rules that apply when transporting a bike on a train, for some mainline services this will require that you inform the train operator that you intend to bring a bike aboard by reserving a space for your bike. Reservations are free of charge but some time constraints may apply.

For local services: Suffolk, Cambridge and Norwich, no reservation is required. Local line trains only carry space for four cycles, which is on a first come first serve basis.

Further information on Greater Anglia cycle policy can be viewed [here](#)

To reserve a space for your bike please call Greater Anglia Reservations Office on 0845 600 7245 (option 8) which is open 8am to 8pm Monday to Saturday and 10am to 8pm Sundays.

FREE Cycle Recovery Scheme

Ticket holders receive the benefit of the unique Greater Anglia/ETA cycle recovery scheme whilst travelling by train and cycle in Norfolk, Suffolk and Cambridgeshire. If your cycle breaks down or is stolen, both you and your cycle (if appropriate) will be recovered and taken to the nearest station. For further information please click [here](#)

Bike and Go Cycle Hire Scheme

Bike and Go are looking to provide a cycle hire scheme at Ipswich and Lowestoft railway stations in Autumn 2013. For more information on the roll-out of the scheme and when it will be launched in Suffolk please click [here](#)